

Republic of the Philippines
MUNICIPALITY OF IBA
Province of Zambales



OFFICE OF THE SANGGUNIANG BAYAN

EXCERPT FROM THE MINUTES OF THE 134TH REGULAR SESSION OF THE 12TH SANGGUNIANG BAYAN OF IBA, ZAMBALES HELD ON **MARCH 18, 2025** AT THE MUNICIPAL SESSION HALL.

PRESENT:

HON. RYAN E. CASTILLO, SB Member and Designated Temporary
Presiding Officer

SANGGUNIANG BAYAN MEMBERS

HON. ALIRE JOHN T. FALLORIN
HON. EDGAR C. PAYUMO
HON. PAULO A. FORTIN
HON. ISAGANI Q. YAP
HON. JESSIES S. ECHAURE, Ed.D
HON. RUEL M. BUTARAN
HON. RICHARD N. REDONDO, Liga ng mga Barangay
HON. CARLOS MIGUEL R. VILLAMIN, SK Federation

ABSENT:

HON. JOAN D. BALLESTEROS-ALBA	-	Sick Leave
HON. MARGIE M. NOVENO	-	Official Business

**ORDINANCE NO. 04
SERIES OF 2025**

**AN ORDINANCE PROMOTING MENTAL HEALTH AND PROVIDING SERVICES
FOR MENTAL HEALTH SUPPORT IN IBA, ZAMBALES**

Author: Hon. Hon Jessie S. Echaure, Ed.D

Co-Author: Hon SB Margie M. Noveno

WHEREAS, Section 15 of the Philippine Constitution affirms the State's commitment to protecting and promoting the right to health of the people and instilling health consciousness among them;

WHEREAS, mental health is essential for the well-being, productivity, and quality of life of the residents of Iba, Zambales, and there is a recognized need to address mental health issues in the community;

WHEREAS, mental health is an urgent public health issue, and there is a need to establish programs, raise awareness, and increase access to services to prevent, treat, and manage mental health issues among all age groups;

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WHEREAS, the Mental Health Act (Republic Act No. 11036) is "An Act Establishing a National Mental Health to enhance the Delivery of Integrated Mental Health Services, Promoting, and Protecting the Rights of Persons Utilizing Psycho-social Health Services, Appropriating Funds Therefor and Other Purposes" mandates the integration of mental health services at all levels of the public health system, including Local Government Units;

WHEREAS, the Municipal Vice Mayor Joan D. Ballesteros-Alba has demonstrated exceptional leadership and commitment to the well-being of the community by spearheading the development and advocacy for mental health through this Ordinance recognizing the critical importance of mental health in fostering a healthy, resilient, and productive society.

NOW, THEREFORE, be it enacted by the Sangguniang Bayan of Iba, Zambales, in session assembled, that:

SECTION 1. Title - This Ordinance shall be known as the "**Mental Health Ordinance of Iba, Zambales**".

SECTION 2. Objectives - The primary objectives of this Ordinance are:

1. To promote mental health and well-being for all residents of Iba, Zambales.
2. To provide accessible and affordable mental health care services.
3. To raise awareness and reduce the stigma associated with mental health conditions.
4. To protect the rights of people with mental health conditions and ensure they receive appropriate care.

SECTION 3. DEFINITION OF TERMS - As used in this ordinance, the following terms shall mean:

Addiction: A primary, chronic disease of brain reward, motivation, memory, and related circuitry. Dysfunctions in these circuits lead to characteristic biological, psychological, social, and spiritual manifestations.

Coercion: The practice of persuading someone to do something by using force or threats, often seen in the context of involuntary treatment or confinement in mental health care.

Cultural Competence: The ability of health care providers and organizations to understand and respond effectively to the cultural and linguistic needs of patients.

Mental Health Care System: A network of services and supports designed to promote mental health, prevent mental disorders, and provide treatment and rehabilitation for those affected by mental health conditions.

Mental Health Parity: The principle that mental health care should be treated equally to physical health care in terms of access, coverage, and quality.

Mental Health Promotion: Activities and policies aimed at enhancing the mental well-being of individuals and communities, preventing mental health disorders, and improving the quality of life.

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Mental Health: A state of well-being in which an individual realizes their own abilities, can cope with the normal stresses of life, work productively, and make meaningful contributions to their community.

Psychosocial Health: The interrelation of psychological and social factors that influence an individual's mental health and well-being.

Resilience: The ability to recover quickly from difficulties; mental toughness. It's an important factor in mental health, helping individuals cope with stress and adversity.

Stigma: A negative stereotype or discrimination against individuals with mental health conditions, which can lead to social exclusion and reduced access to resources and opportunities.

Section 4. Mental Health Council - The Municipality of Iba shall establish a **Mental Health Council**, composed of the following members:

- The Municipal Mayor-Chairperson
- The Municipal Health Officer- Vice Chairperson
- The Municipal Vice Mayor-Member
- A representative from the Department of Social Welfare and Development (DSWD)
- A representative from local educational institutions
- SB Member, Chair of Committee on Health
- Community representatives, mental health advocates
- Representative from Department of Health (DOH)

Section 5. Duties and Functions of the Mental Health Council. These functions ensure the Mental Health Committee Council serves as a comprehensive, community-centered body dedicated to improving mental health resources, education, and care for all residents in Iba, Zambales.

Section 5.1. Policy Development and Advocacy

- Develop Policies:** Create local policies to support mental health services, programs, and infrastructure.
- Advocate for Mental Health:** Raise awareness among the public and advocate for policies that reduce stigma and increase mental health support.

Section 5.2. Program Planning and Implementation

- Design Programs:** Develop community mental health programs focused on prevention, intervention, and crisis support.
- Implement Services:** Oversee the establishment of mental health services, such as counseling, crisis hot-lines, and support groups within the municipality.

Section 5.3. Education and Awareness Campaigns

- Conduct Awareness Programs:** Organize public education campaigns to increase awareness of mental health issues, dispel myths, and promote a positive approach to mental health.

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- b. **Collaborate with Schools:** Partner with educational institutions to implement mental health programs for students, including mental health education and peer support programs.

Section 5.4. Capacity Building and Training

- a. **Train Health Workers:** Offer training to barangay health workers, school personnel, and other community leaders on mental health first aid, early detection of mental health issues, and response strategies.
- b. **Support Mental Health Professionals:** Assist in the recruitment, training, and retention of mental health professionals within the community.

Section 5.5. Monitoring and Evaluation

- a. **Evaluate Programs:** Monitor and assess the effectiveness of mental health initiatives, adjusting programs as needed to improve outcomes.
- b. **Collect Data:** Gather data on mental health trends in the community, such as prevalence rates, types of services accessed, and community feedback.

Section 5.6. Crisis Intervention and Response

- a. **Coordinate Crisis Response:** Establish protocols for responding to mental health crises, including referrals to appropriate care providers or emergency services.
- b. **Provide Support Networks:** Ensure the availability of resources like crisis hotlines and support networks to aid individuals in need.

Section 5.7. Community Partnerships and Collaboration

- a. **Collaborate with NGOs and Health Agencies:** Work closely with government agencies, NGOs, healthcare providers, and other organizations to enhance and expand mental health services.
- b. **Engage Community Stakeholders:** Engage community members, including those with lived mental health experiences, to provide input and feedback for program improvement.

Section 5.8. Resource Mobilization and Budget Oversight

- a. **Seek Funding:** Identify potential sources of funding and partnerships to support mental health initiatives, including government grants, donations, and private partnerships.
- b. **Budget Management:** Oversee and allocate funds to maintain the sustainability of mental health programs and ensure efficient use of resources.

Section 5.9 Protection of Rights and Advocacy

5.9.1 Protect Rights: Advocate for and protect the rights of individuals with mental health conditions, promoting their inclusion and preventing discrimination.

5.9.2 Fundamental and Basic Rights

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for info

- (a) Right to Mental Health Care: Everyone has the right to the best available mental health care, which should be part of the health and social care system.
- (b) Right to Dignity and Respect: All persons with mental illness should be treated with humanity and respect for their inherent dignity.
- (c) Protection from Exploitation and Abuse: Individuals with mental health conditions have the right to protection from economic, sexual, and other forms of exploitation, physical abuse, and degrading treatment.
- (d) Non-Discrimination: There should be no discrimination on the grounds of mental illness. This includes ensuring equal enjoyment of rights and opportunities¹.

5.9.3 Legal and Social Protections

- (a) Right to Liberty and Independence: People with mental health conditions should not be deprived of their liberty or independence without due process.
- (b) Right to Inclusion: They should be included in the community and have access to educational, employment, social service, and housing opportunities on an equal basis with others.
- (c) Right to Participate in Society: Individuals should be able to participate fully in society and at work, free from stigmatization and discrimination.
- (d) Right to Make Decisions: They should have the right to make decisions about their own health and treatment, including the right to refuse treatment.

5.9.4 Access to Services

- (a) Right to Accessible Care: Mental health services should be available, accessible, acceptable, and of good quality.
- (b) Right to Community-Based Services: Large psychiatric institutions should be replaced by community mental health services, backed by care in general hospitals and home care support.
- (c) Right to Complaints and Redress: Individuals should be able to file complaints in cases of human rights violations and have access to independent review bodies

5.9.5 Address Complaints and Grievances: Provide a mechanism for individuals to report issues of discrimination or denial of mental health care.

Section 5.10 Research and Knowledge Sharing

- a. **Promote Research:** Encourage local research on mental health issues to better understand community needs and effective interventions.
- b. **Share Knowledge:** Facilitate the sharing of best practices and evidence-based interventions within the community.

Section 5.11. Public Reporting

- **Annual Reports:** Provide regular updates to the Municipal Council and the community on the progress of mental health programs, challenges, and areas for improvement.

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SECTION 6. Mental Health Awareness and Education - The Municipal Health Office, in partnership with the Department of Education (DepEd) and other relevant organizations, shall conduct the following:

1. **Public Awareness Campaigns** – To educate the community on mental health, dispel myths, and reduce stigma.
2. **School-Based Programs** – To implement mental health programs in local schools, including counseling, peer support, and training for teachers to recognize and respond to mental health issues.
3. **Training for Barangay Health Workers (BHW) and Barangay Nutrition Scholars (BNS)**–To equip them with mental health first aid and crisis intervention knowledge.

SECTION 7. Provision of Mental Health Services - The Municipality may establish accessible mental health services, including:

- 7.1 **Community Mental Health Center** – A facility offering psychological assessment, counseling, and support services.
- 7.2 **Crisis Helpline** – A 24/7 hotline for residents to access mental health support during emergencies.
- 7.3 **Referral System** – To refer cases requiring specialized intervention to licensed mental health professionals.
- 7.4 **Psychological Services** - Coordination and enter memorandum of agreement with President Ramon Magsaysay State University on the nursing and psychological assessment of mental health patients.
- 7.5 **Spiritual Counseling Services** - Coordination and enter memorandum of agreement with Evangelical, Christian Fellowship, and Pastoral Association in Iba, Zambales in giving spiritual advises to mental health patients.

SECTION 8. Budget Allocation - The Municipality of Iba, Zambales shall allocate an initial amount of Two Hundred and Fifty thousand pesos (**Php 250,000.00**) from the annual budget to support the implementation of this Ordinance, including establishing and maintaining mental health services and educational programs.

SECTION 9. Partnerships with NGOs and Mental Health Organizations - The Municipality of Iba, Zambales may collaborate with non-governmental organizations, healthcare institutions, and mental health organizations to strengthen mental health services and programs.

SECTION 10. Confidentiality and Privacy - All mental health services provided under this Ordinance shall uphold the confidentiality and privacy of individuals seeking support. Personal data shall be protected according to the Data Privacy Act and other existing laws and regulations.

SECTION 11. Accountabilities - Any person or entity that discriminates against individuals with mental health conditions or violates their rights under this Ordinance shall be subject to penalties, including fines and other disciplinary administrative actions as determined by the **Municipal Health Council**.

SECTION 12. Effectivity - This Ordinance shall take effect fifteen (15) days after its publication in a newspaper of general circulation within the municipality, or in the Province of Zambales and a copy of which is posted in conspicuous places in the Municipality of Iba, Zambales.

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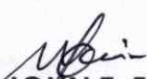
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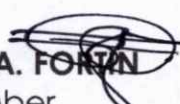
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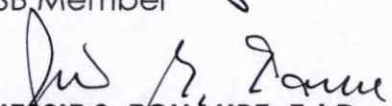
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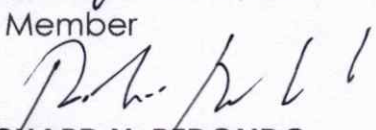
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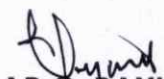
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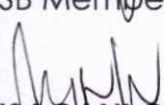

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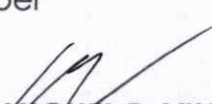

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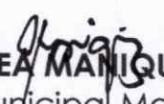
CERTIFIED CORRECT:


RYAN E. CASTILLO
SB Member and Designated
Temporary Presiding Officer

ATTESTED:


NOLITO V. BASUL
Secretary to the
Sangguniang Bayan

APPROVED:


HON. IRENEA MANQUIZ-BINAN
Municipal Mayor

Date: March 28, 2025